

BC Women's Representative Candidate

Biography

My Name is Louisa Housty Jones from the Heiltsuk Nation, Bella Bella BC

- I facilitated the creation of a Haílzaqv women's declaration that serves as a rallying point for community-wide efforts to end gender violence and empower our matriarchs and matriarchs-in-training
- I provide one-on-one and group support to women in need, including crisis intervention, and practice grassroots, action-oriented advocacy
- I organize non-profit community programs that promote healthy parenting and caregiving and support women and families in working through intergenerational trauma so that they can form decolonial family bonds
- I walk the talk and use my house as a safe house, no questions asked, for women and children
- I build support across community organizations to ensure that they are taking a holistic approach to supporting women and families and not letting anyone slip through the cracks
- I am raising daughters and a granddaughter who know their amazing worth, and a son and grandson who honour and respect women and matriarchs
- I focus not just on crisis response but on building wellness so that women feel honoured and empowered in a sustained way
- I am a teacher of cultural practices around ancestral foods, medicines, and ceremonies and use that knowledge to empower women and children as the cornerstones of our matriarchal society
- I coordinated our nation's women to prepare and deliver their testimony to the MMIW inquiry, including ensuring they were emotionally and spiritually supported



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Louisa Housty Jones
Heiltsuk Nation